

# SINGING FOR THE MIND

## Dementia Choir For Emsworth

Singing For The Mind is a popular group where people living with dementia and their care givers can enjoy singing together and all the health benefits this brings.

### The Last Wednesday of every Month

11am -12pm

The Pastoral Centre

19 High Street, Emsworth PO10 7AQ

For More Information,  
Contact Right at Home  
on:

**02393**

**87 87 77**



"A Free Singing Group For People  
Living With Dementia"